



# Teaneck Elementary Schools

## March 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!



### Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

**All Entrées are served with:**  
Assorted Fruit  
100% Juice  
Milk Selection

**\*Entrées Available Daily:**

- Assorted Cereal with Graham Crackers or Yogurt
- Bagel with Cream Cheese

### Nutrition News

#### Celebrate National Nutrition Month®!

Take the time this month to "put your best fork forward®" by achieving the following goals:

- Focus this month on eating fruits and vegetables from all the colors of the rainbow.
- Choose all 5 meal components for a well-balanced meal- each food group provides us with different nutrients our bodies need to be healthy.
- Enjoy the food you are eating to fuel your body- slow down and savor each bite!

**Student Breakfast**

**\$1.35**

**Adult Breakfast**

**\$2.00**

**Reduced Breakfast**

**\$0.30**

**MASCHIO'S MAIN EVENT**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>Breakfast Special:</b> Fruit Frudel  or <b>*Entrée Available Daily</b>	2 <b>Breakfast Special:</b> Mini Triple Berry French Toast  or <b>*Entrée Available Daily</b>	3 <b>Breakfast Special:</b> Breakfast Pizza  or <b>*Entrée Available Daily</b>
		6 <b>Breakfast Special:</b> Mini Maple Pancakes  or <b>*Entrée Available Daily</b>	7 <b>Breakfast Special:</b> Egg & Cheese on a Bagel  or <b>*Entrée Available Daily</b>	8 <b>Breakfast Special:</b> Mini Cinnis  or <b>*Entrée Available Daily</b>
ARE YOU UP FOR THE CHALLENGE?		CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!		
13 <b>Breakfast Special:</b> Mini Maple Pancakes  or <b>*Entrée Available Daily</b>	14 <b>Breakfast Special:</b> Egg & Cheese on a Bagel  or <b>*Entrée Available Daily</b>	15 <b>Breakfast Special:</b> Fruit Frudel  or <b>*Entrée Available Daily</b>	16 <b>Breakfast Special:</b> Mini Triple Berry French Toast  or <b>*Entrée Available Daily</b>	17 <b>Breakfast Special:</b> Breakfast Pizza  or <b>*Entrée Available Daily</b>
20 <b>Breakfast Special:</b> Mini Maple Pancakes  or <b>*Entrée Available Daily</b>	21 <b>Breakfast Special:</b> Egg & Cheese on a Bagel  or <b>*Entrée Available Daily</b>	22 <b>Breakfast Special:</b> Mini Cinnis  or <b>*Entrée Available Daily</b>	23 <b>Breakfast Special:</b> Mini Cinnamon French Toast  or <b>*Entrée Available Daily</b>	24 <b>Breakfast Special:</b> Breakfast Pizza  or <b>*Entrée Available Daily</b>
27 <b>Breakfast Special:</b> Mini Maple Pancakes  or <b>*Entrée Available Daily</b>	28 <b>Breakfast Special:</b> Egg & Cheese on a Bagel  or <b>*Entrée Available Daily</b>	29 <b>Breakfast Special:</b> Fruit Frudel  or <b>*Entrée Available Daily</b>	30 <b>Breakfast Special:</b> Mini Triple Berry French Toast  or <b>*Entrée Available Daily</b>	31 <b>Breakfast Special:</b> Breakfast Pizza  or <b>*Entrée Available Daily</b>

Please Visit:

[www.maschiofood.com](http://www.maschiofood.com)

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.



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