

# TEANECK PUBLIC SCHOOLS MEDICAL DEPARTMENT

## PHYSICAL EXAMINATION

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
 School: \_\_\_\_\_ Grade: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

### PHYSICIAN OR PROVIDER INFORMATION – PLEASE COMPLETE BOTH PAGES

Exam Date: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_/\_\_\_\_ Pulse: \_\_\_\_ bpm.  
 Vision: R 20/ \_\_\_\_ L 20/ \_\_\_\_ Corrected: Y N Contacts: Y N Glasses: Y N Hearing: \_\_\_\_\_

	Normal	Abnormal Findings	Comments
General Appearance			
Head/Neck			
Eye/Sclera/Pupils			
Ears			
Gross Hearing			
Nose/Mouth/Throat			
Lymph Glands			
Heart: Murmurs/Rhythms			
Lungs: Auscultation/Percussion			
Chest Contour			
Skin			
Abdomen: Assessment (inc. liver, spleen)			
Tanner Stage: Testes/Onset of Menses			
Hernia	Absent		
Neck/Back/Spin: Range of Motion			
Scoliosis	Absent		
Upper Extremities			
Lower Extremities			
Neurological: Balance & Coordination Romberg:			
Evidence of Marfan Syndrome	Absent		

Most recent Immunizations/Dates: \_\_\_\_\_  
 Medications currently in use: \_\_\_\_\_  
 Additional Observations/comments: \_\_\_\_\_  
 \_\_\_\_\_

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**HISTORY: Please complete all areas where disease or alterations have occurred and explain below.**

_____ Allergies/Anaphylaxis	_____ Eczema/Skin	_____ Hospitalizations/Surgery
_____ Asthma/Respiratory	_____ Endocrine	_____ Musculoskeletal
_____ Cardiovascular/Murmur	_____ Gastrointestinal	_____ Neurological/Seizures
_____ Childhood diseases	_____ Genitourinary	_____ Other

Explanation/Comments: \_\_\_\_\_  
 \_\_\_\_\_

**CLEARANCE:**

A. Student may participate in physical education and all sports: Yes \_\_\_\_\_ No \_\_\_\_\_ Date: \_\_\_\_\_

B. Cleared after completing evaluation for: \_\_\_\_\_

C. **NOT CLEARED FOR:** Collision \_\_\_\_\_ Contact \_\_\_\_\_ Non-Contact \_\_\_\_\_  
 Strenuous \_\_\_\_\_ Moderate \_\_\_\_\_ Non-Strenuous \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Recommendations: \_\_\_\_\_

**EXAMINED BY: Physician's/Provider's Stamp:**

Family Physician/ Provider:

School Physician:

License Type:

MD/DO

APN

PA

Physician's/Provider's Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

VACCINE	TOTAL #DOSES	DATE	DATE	DATE	DATE	DATE
DPT/DTaP						
Tdap						
OPV						
IPV						
MMR						
Measles						
Mumps						
Rubella						
Hepatitis B						
HIB / Prohibit						
Varicella						
Pneumococcal (PCV7)						
Meningococcal						
RSV						
Gardasil						

**Lead:** Date Performed: \_\_\_\_\_ Record Value \_\_\_\_\_

**Tuberculosis Testing**

Mantoux tests: Date: \_\_\_\_\_ Result: \_\_\_\_\_ Date: \_\_\_\_\_ Result: \_\_\_\_\_

Chest x-ray Date: \_\_\_\_\_ Result: \_\_\_\_\_

INH Therapy: Date Started: \_\_\_\_\_ Dosage: \_\_\_\_\_ How Long: \_\_\_\_\_