





# LOWELL SCHOOL CELEBRATES THE WEEK OF



October 2, 2023-October 6, 2023

For the past several years, New Jersey public schools have recognized the first week in October as the “Week of Respect”. This week is intended to bring awareness to incidents of harassment, intimidation, and bullying (HIB). Throughout this week students will be engaged in activities and age appropriate programs that will motivate them to continue to refrain from bullying, stand up for others, and to respect differences.

## Week of Respect Activities:

<b>Monday, October 2nd</b> 	<b>National Anti- Bullying Day</b> <b>Teaneck Goes BLUE</b> - in support of the Anti-Bullying National Campaign. Classroom Theme: Random Acts of Kindness Students will perform and document random acts of kindness throughout the week. Optional: Students will read, “Have You Filled a Bucket Today?”.
<b>Tuesday, October 3rd</b> 	Classroom Theme: <b>Bully Free School</b> <b>Students are asked to dress like a hero to demonstrate what it means to be an upstander.</b> Students can simply wear a cape. Students will read books, participate in discussions, and complete fun activities to learn about HIB.
<b>Wednesday, October 4th</b>  <i>Pajama Day</i>	Classroom Theme: Appreciation <b>Students are asked to wear pajamas!</b> Students will write a letter of appreciation to someone that has shown them kindness.
<b>Thursday, October 5th</b> 	Classroom Theme: Respecting Differences <b>Students are asked to come to school in a wardrobe that represents their culture.</b> Students will read books and participate in discussions about respecting each other’s differences.
<b>Friday, October 6th</b>	Classroom Theme: Mindset Works- Patience with Challenges Students will participate in a school wide assembly where they learn the “Power of Yet”. <b>Bulletin Board Contest!</b> The Lowell School Safety Team will choose a homeroom bulletin board that best represents respect and kindness. The winning homeroom will receive a pizza party!!

