

## TEANECK PUBLIC SCHOOLS

## ENGAGEMENT WORKSHOPS

**Raising a child can be overwhelming!** Teaneck Public Schools and Learning Alliances have partnered to host a series of **virtual** workshops on a variety of topics. Each of these workshop sessions will be presented to our parents & guardians, simultaneously, in English & Spanish.

Post-Pandemic Stress and Anxiety - Tuesday, March 1

Target Age: Not age specific

**Developing Academic Skills - Thursday, March 24** *Target Age: Elementary K-4* 

Depression in Adolescents: Know the Warning Signs - Tuesday, April 5

Target Age: Middle School

Continuing the Tech Trend - Thursday, April 21

Target Age: Not age specific

Understanding and Responding
Affirmatively to My Child's Behavior - Wednesday, May 25

Target Age: Elementary & Middle School

All virtual workshops will begin at 7:30 pm and end by 8:30 pm. Zoom log-in information will be provided in advance of each workshop session.

