

March 2025

Lowell Elementary Lunch

MONDAY

3

TUESDAY 4

WEDNESDAY 5

THURSDAY

6

**FRIDAY** 

ÜTRITION 🎉

### Read Across America Week

- Grilled Cheese Wedges or Crispy Chicken Sandwich
- Fresh Veggie Dippers Swap Out
- Turkey Ham & Cheese Sandwich

BREAKFAST WEEK

# National Pancake Day

- Fluffy Buttermilk Pancakes or Emoji Waffles
- Juicy Breakfast Sausages
- Crunchy Tater Tots

Swap Out

11

with

Garlic Bread or

**Chicken Parm Hero** 

Yogurt and Fruit Bento Box

Popcorn Chicken, Whipped Mashed Potatoes, Rich Brown Gravy, Seasoned Corn with

- Fresh Dinner Roll or
- All Natural Beef Hot Dog on a Bun

Swap Out

12

vap Out Sunbutter & Jelly Sandwich • Muffin & Yogurt Meal

- Bacon, Egg & Cheese on a . NY Style Bella's Pizza Croissant or Fluffy French • Toast Slices with Juicy Breakfast Sausages
- Seasoned Potato Wedges

## Pizzn Dny

- Freshly Prepared Maschio's House Salad

Swap Out

Chicken Caesar Salad

10

No School



JOHNNY APPLESEED DAY

pasta van

Spaghetti and Meatballs

Roasted Parmesan Broccoli

Neur Recibe

No School





- **Grilled Chicken Snack** Wrap or Juicy Cheeseburger on a Bun
- Fresh Pepper Dippers

Swap Out

Sunbutter & Jelly Sandwich Swap Out

(##K)

- **Sweet and Sour Popcorn** Chicken or Popcorn Chicken
- Steamed Rice
- Stir Fry Vegetables

20

13

Turkey Ham & Cheese Sandwich

14

### Pizzn Dan

- NY Style Bella's Pizza
- Freshly Prepared Spring Mix Salad

Swap Out

Crispy Chicken Salad

 Apple Filled Churro Swap Out

Cereal Bag

**17** 



- Creamy Mac and Cheese or . Grilled Cheese Sandwich
- Shamrock Pretzel
- Roasted Parmesan Broccoli Swap Out
- **Turkey Ham & Cheese** Sandwich

18



- **Triple Turkey Tacos with** Shredded Cheddar Cheese, • Lettuce, Tomato & Salsa or . Seasoned Chicken and Cheese Quesadilla
- Brown Rice
- Local Street Corn Elote

Swap Out

· Yogurt and Fruit Bento Box

🤾 Poultry Pay 19 March 🕺

- Chicken Nuggets with Mini Cornbread Loaf or
- **Crispy Chicken Sandwich** Maple Cinnamon Carrots

Swap Out

19

Sunbutter & Jelly Sandwich

Spring Equinox

- Juicy Hamburger on a Bun .
- Juicy Cheeseburger on a Bun or
- All Natural Beef Hot Dog on a Bun
- Seasoned Crinkle Cut Fries Swap Out
- Muffin & Yogurt Meal

21



- NY Style Bella's Pizza Freshly Prepared Garden
  - Salad



Kale Chips

**Swap Out** 

Chicken Caesar Salad

24

- Sloppy Joe Sandwich or
- Crispy Chicken Sandwich Seasoned Sweet Potato Fries Swap Out
- **Turkey and Cheese** Sandwich

- Meatball Parm Hero or
- Twisted Cheesy **Breadsticks with Marinara** Sauce
- Broccoli Italiano

Swap Out

Cereal Bag



- Emoji Waffles with
- Juicy Breakfast Sausages or Sausage, Egg, and Cheese on English Muffin
- Crunchy Hash Browns

Swap Out

Sunbutter & Jelly Sandwich

27



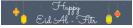
- Turkey Taco Scoop-a-Bowl or Jamaican Beef Patty
- Black Beans Swap Out
- Turkey Ham & Cheese Sandwich

28

Pizzn Dny NY Style Bella's Pizza

Freshly Prepared Cucumber and Tomato Salad

Swap Out Crispy Chicken Salad



Breakfast Pricing Elementary

Eid ul Fitr

**Breakfast Served with Choice of:** Fresh Fruit , 100% Fruit Juice , 1% White Milk , Variety of Vegetables from our Harvest Market Fat Free Chocolate Milk 1% White Milk , Fat Free Chocolate Milk

\*Menu is Subject to Change





**QUESTIONS OR COMMENTS?**Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow healthy kids!

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