



# KINDNESS CALENDAR

March  
2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>One kind word can change someone's entire day.</p>						<b>1</b> Make your bed and help serve breakfast
<b>2</b> Clean up a mess you didn't make	<b>3</b> Make someone laugh	<b>4</b> Let someone go in front of you while you're in line	<b>5</b> Draw someone a picture	<b>6</b> Write a thank you note to a staff member at school	<b>7</b> Invite someone to play a game with you at recess	<b>8</b> Donate toys to kids in need
<b>9</b> Give yourself a compliment	<b>10</b> Tell someone they are awesome	<b>11</b> Hold the door open for someone	<b>12</b> Think about what makes you lucky	<b>13</b> Give out 5 compliments	<b>14</b> Tell a family member three things you love about them	<b>15</b> Help with the chores at home
<b>16</b> Donate books to kids in need	<b>17</b> Smile at as many people as you can 	<b>18</b> Write a gratitude list	<b>19</b> Tell a teacher three things you like about them	<b>20</b> Give three people an air high five	<b>21</b> Do something helpful	<b>22</b> Call a relative you haven't spoken to in a while
<b>23/30</b> Make every bed in your house Write a family member a nice note	<b>24/31</b> Eat lunch with someone new Do a favor without expecting anything in return	<b>25</b> Smile when you see someone	<b>26</b> Enjoy family time after school	<b>27</b> Offer to help your teacher	<b>28</b> Recommend a book to someone	<b>29</b> Thank someone for being them