

KINDNESS CALENDAR

March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>One kind word can change someone's entire day.</p>					1 Eat lunch with someone new	2 Make your bed and help serve breakfast
3 Clean up a mess you didn't make	4 Make someone laugh	5 Let someone go in front of you while you're in line	6 Draw someone a picture	7 Write a thank you note to a staff member at school	8 Invite someone to play a game with you at recess	9 Donate toys to kids in need
10 Give yourself a compliment	11 Tell someone they are awesome	12 Hold the door open for someone	13 Think about what makes you lucky	14 Give out 5 compliments	15 Tell a family member three things you love about them	16 Help with the chores at home
17 Donate books to kids in need 	18 Smile at as many people as you can	19 Write a gratitude list	20 Tell a teacher three things you like about them	21 Give three people an air high five	22 Do something helpful	23 Call a relative you haven't spoken to in a while
24/31 Make every bed in your house Write a family member a nice note	25 Do a favor without expecting anything in return	26 Smile when you see someone	27 Enjoy family time after school	28 Offer to help your teacher	29 Recommend a book to someone	30 Thank someone for being them