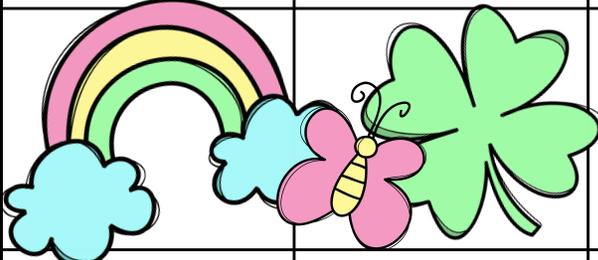
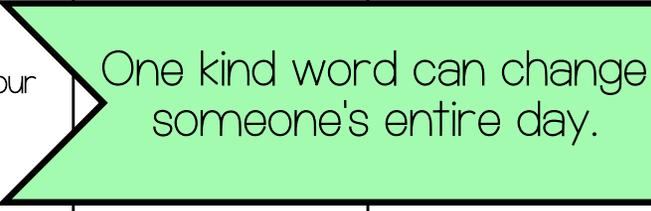


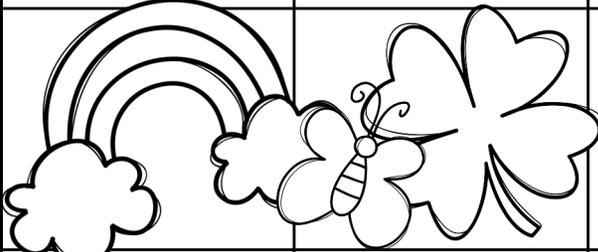
# KINDNESS CALENDAR

## March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Recommend a book to someone	<b>2</b> Eat lunch with someone new	<b>3</b> Thank someone for being them	<b>4</b> Write a family member a nice note	<b>5</b> Make your bed and help serve breakfast
<b>6</b> Clean up a mess you didn't make	<b>7</b> Make someone laugh	<b>8</b> Let someone go in front of you while you're in line	<b>9</b> Draw someone a picture	<b>10</b> Write a thank you note to a staff member at school	<b>11</b> Invite someone to play a game with you at recess	<b>12</b> Donate toys to kids in need
<b>13</b> Give yourself a compliment	<b>14</b> Tell someone they are awesome	<b>15</b> Hold the door open for someone	<b>16</b> Think about what makes you lucky	<b>17</b> Give out 5 compliments 	<b>18</b> Tell a family member three things you love about them	<b>19</b> Help with the chores at home
<b>20</b> Donate books to kids in need	<b>21</b> Smile at as many people as you can	<b>22</b> Write a gratitude list	<b>23</b> Tell a teacher three things you like about them	<b>24</b> Give three people an air high five	<b>25</b> Do something helpful	<b>26</b> Call a relative you haven't spoken to in a while
<b>27</b> Pick up trash around your neighborhood	<b>28</b> Do a favor without expecting anything in return	<b>29</b> Smile when you see someone	<b>30</b> Enjoy family time after school	<b>31</b> Offer to help your teacher		

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