
























## June 2023

Lowell Elementary




Lunch

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
				<b>1</b> Swap Out • Sándwich de Jamón de Pavo y Queso • Sandwich de Queso A la Parrilla • Hamburguesa de queso en un bollo • Crinkle Cut French Fries	<b>2</b> Swap Out • Ensalada de Pollo Crujiente  Pizza Day • Pizza de Queso • Ensalada de jardín recién preparada	<b>3</b>
<b>4</b>	<b>5</b> Swap Out • Sandwich de Jamón de Pavo y Queso • Nuggets de Pollo • Sandwich de Queso A la Parrilla • Pretzel de manzana • Zanahorias de canela de arce	<b>6</b> Swap Out • Caja de Yogur & Fruta Bento • Sandwich de Pollo Crujiente • Hamburguesa de queso en un bollo • Maíz al vapor	<b>7</b> Swap Out • Sandwich SunButter y Jelly  Breakfast for Lunch • Huevo & Queso en un Muffin Inglés • Buttermilk Pancakes • Salchicha de desayuno • Hash Browns	<b>8</b> Swap Out • Comida de muffin y yogur • Mac cremoso & queso • Palitos de Mozzarella • Guisantes al vapor • Rollo de cena	<b>9</b> Swap Out • Ensalada César de Pollo  Pizza Day • Pizza de Queso • Ensalada César recién preparada	<b>10</b>
<b>11</b>	<b>12</b> Swap Out • Sándwich de pavo y queso • All Natural Beef Hot Dog on a Bun • Hamburguesa de queso en un bollo • Frijoles al horno vegetarianos	<b>13</b>  Half Day of School	<b>14</b>  Half Day of School	<b>15</b>  Half Day of School	<b>16</b>  Half Day of School	<b>17</b>  Enjoy Your Summer
<b>18</b>  Enjoy Your Summer	<b>19</b>  Enjoy Your Summer	<b>20</b>  Enjoy Your Summer	<b>21</b>  Enjoy Your Summer	<b>22</b>  Enjoy Your Summer	<b>23</b>  Enjoy Your Summer	<b>24</b>  Enjoy Your Summer
<b>25</b>  Enjoy Your Summer	<b>26</b>  Enjoy Your Summer	<b>27</b>  Enjoy Your Summer	<b>28</b>  Enjoy Your Summer	<b>29</b>  Enjoy Your Summer	<b>30</b>  Enjoy Your Summer	

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**\*El menú está sujeto a cambios**

**Lunch Served with Choice of:** Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk

 <p>Maschio's Food Services, Inc. <small>"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."</small></p>	 <p><b>QUESTIONS OR COMMENTS?</b> Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.</p>	<p><b>FOLLOW US:</b> @MASCHIOFOOD</p> 	<p>Healthy meals grow <i>healthy kids!</i></p>
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