
























June 2023

Lowell Elementary

Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Swap Out • Turkey Ham & Cheese Sandwich • Grilled Cheese Sandwich or • Cheeseburger on a Bun • Crinkle Cut French Fries	Swap Out • Crispy Chicken Salad  • Cheese Pizza • Freshly Prepared Garden Salad	
4	5	6	7	8	9	10
	Swap Out • Turkey Ham & Cheese Sandwich • Chicken Nuggets • Grilled Cheese Sandwich • Apple Pretzel • Maple Cinnamon Carrots	Swap Out • Yogurt & Fruit Bento Box • Crispy Chicken Sandwich or • Cheeseburger on a Bun • Steamed Corn	Swap Out • SunButter and Jelly Sandwich  • Egg & Cheese on an English Muffin or • Buttermilk Pancakes • Breakfast Sausage • Hash Browns	Swap Out • Muffin & Yogurt Meal • Creamy Mac & Cheese or • Mozzarella Sticks • Steamed Peas • Dinner Roll	Swap Out • Chicken Caesar Salad  • Cheese Pizza • Freshly Prepared Caesar Salad	
11	12	13	14	15	16	17
	Swap Out • Turkey and Cheese Sandwich • All Natural Beef Hot Dog on a Bun or • Cheeseburger on a Bun • Vegetarian Baked Beans					
18	19	20	21	22	23	24
						
25	26	27	28	29	30	
						

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

FOLLOW US:
@MASCHIOFOOD



Healthy meals grow
healthy kids!