



# January 2025

Lowell Elementary  
Lunch

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**



New Year's Day

**2**

- Chicken Tenders with Soft Pretzel Stick or Juicy Cheeseburger on a Bun
- Steamed Corn
- Swap Out
- Turkey Ham & Cheese Sandwich

**3**



- NY Style Bella's Pizza
- Garden Salad
- Swap Out
- Crispy Chicken Salad

**6**



- Creamy Mac and Cheese or Grilled Cheese Sandwich
- Cornbread Poppers
- Roasted Vegetables
- Swap Out
- Turkey Ham & Cheese Sandwich

**7**

- Seasoned Chicken and Cheese Quesadilla or Jamaican Beef Patty
- Seasoned Black Beans
- Swap Out
- Yogurt and Fruit Bento Box

**8**



- Cheese Manicotti Marinara or Chicken Parm Hero
- Roasted Parmesan Broccoli
- Swap Out
- Sunbutter & Jelly Sandwich

**9**



- Fluffy French Toast Slices or Sausage, Egg & Cheese on a Croissant
- Breakfast Sausage
- Crunchy Hash Browns
- Swap Out
- Muffin & Yogurt Meal

**10**



- NY Style Bella's Pizza
- Freshly Prepared Maschio's House Salad
- Swap Out
- Chicken Caesar Salad

**13**

- Chicken Nuggets with Cornbread Poppers or All Natural Beef Hot Dog on a Bun
- Panko Crusted Green Beans
- Swap Out
- Turkey and Cheese Sandwich

**14**

- Triple Turkey Tacos with Shredded Cheddar Cheese, Lettuce, Tomato & Salsa or Seasoned Chicken and Cheese Quesadilla
- Black Bean and Corn Salad
- Swap Out
- Cereal Bag

**15**



- Turkey Ham, Egg & Cheese on Bagel or Fluffy Buttermilk Pancakes with Breakfast Sausages
- Crunchy Hash Browns
- Swap Out
- Sunbutter & Jelly Sandwich

**16**

- Sloppy Joe Sandwich or Crispy Chicken Sandwich
- Steamed Corn
- Swap Out
- Turkey Ham & Cheese Sandwich

**17**



- NY Style Bella's Pizza
- Fresh Veggie Dippers
- Swap Out
- Crispy Chicken Salad

**20**



MLK Day

**21**

- Twisted Cheesy Breadsticks with Marinara Sauce or Mozzarella Sticks
- Roasted Parmesan Broccoli
- Swap Out
- Yogurt and Fruit Bento Box

**22**



- Mini Maple Pancakes or Emoji Waffles
- Breakfast Sausages
- Emoji Fries
- Swap Out
- Sunbutter & Jelly Sandwich

**23**

- Juicy Hamburger on a Bun OR Juicy Cheeseburger on a Bun or All Natural Beef Hot Dog on a Bun
- Steamed Corn



- Blueberry Crisp.
- Swap Out
- Muffin & Yogurt Meal

**24**



- NY Style Bella's Pizza
- Freshly Prepared Maschio's House Salad
- Swap Out
- Chicken Caesar Salad

**27**

- Creamy Mac and Cheese with Herbed Breadstick or Juicy Cheeseburger on a Bun
- Vegetarian Baked Beans
- Swap Out
- Turkey and Cheese Sandwich

**28**

- Italian Sampler with Breaded Ravioli, Mozzarella Sticks and Marinara Sauce or Meatball Parm Hero
- Roasted Parmesan Broccoli
- Swap Out
- Cereal Bag

**29**

**Lunar New Year**

- Sweet and Sour Popcorn Chicken or Popcorn Chicken
- Vegetable Fried Rice
- Swap Out
- Sunbutter & Jelly Sandwich

**30**

- Grilled Cheese Sandwich or Crispy Chicken Sandwich
- Maple Cinnamon Carrots
- Swap Out
- Turkey Ham & Cheese Sandwich

**31**



- NY Style Bella's Pizza
- Freshly Prepared Garden Salad
- Swap Out
- Crispy Chicken Salad

\*Menu is Subject to Change



**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005 to speak  
to one of Maschio's Registered Dietitian  
Nutritionists.

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