

# Benjamin Franklin Middle School Intramural Program

All Grades Every **Thursday** Starting October 19, 2017  
Ending Date: May 24, 2018

Time: 3:15 - 4:00 Grades 5 & 6 will remain in their classroom until 3:15

## Activities

October/November - Indoor Soccer

December – Volleyball

January/February – Basketball

March/April - Kickball

May - Wiffleball

- There are NO INTRAMURALS on half days, early dismissal days due to inclement weather, or the day before a school vacation.
- Students are not required to attend all sessions.
- Students who have an assigned detention on their intramural day will NOT be allowed to participate in intramurals that day.

## **If you would like to participate you MUST:**

1. Download the Intramural Physical Form (Go to [teaneckschools.org](http://teaneckschools.org) and click on Benjamin Franklin Middle School, click on clubs, click on intramurals)
2. Make sure the physical exam form is signed by your physician.
3. Submit completed physical exam form to the SCHOOL NURSE.
4. Upon receipt of the completed physical exam form, the nurse will give you the permission form to be signed and returned to her.
5. You may NOT participate until all of the above steps are completed.