

## February 2025

Lowell Elementary  
Lunch

### MONDAY

3

- Chicken Nuggets with Dinner Roll or Juicy Cheeseburger on a Bun
- Sweet Potato Waffle Fries
- Swap Out
- Turkey Ham & Cheese Sandwich

### TUESDAY

4

- 
- Grilled Cheese Sandwich or Crispy Chicken Sandwich
  - Tomato Soup
  - Swap Out
  - Yogurt and Fruit Bento Box

### WEDNESDAY

5

- Mini Turkey Corn Dog Nuggets or Cheese Manicotti Marinara
- Mixed Vegetables
- Swap Out
- Sunbutter & Jelly Sandwich

### THURSDAY

6

- 
- Fluffy French Toast Slices with Breakfast Sausages or Turkey Ham, Egg & Cheese on an English Muffin
  - Crunchy Hash Browns
  - Swap Out
  - Muffin & Yogurt Meal

### FRIDAY

7

- NY Style Bella's Pizza
  - Freshly Prepared Maschio's House Salad
- 
- Roasted Mushrooms
  - Swap Out
  - Chicken Caesar Salad

10

- Popcorn Chicken, Whipped Mashed Potatoes, Rich Brown Gravy, Seasoned Corn with Mini Cornbread Loaf or
- All Natural Beef Hot Dog on a Bun
- Swap Out
- Turkey and Cheese Sandwich


11

- Twisted Cheesy Breadsticks with Marinara Sauce or Mozzarella Sticks
- Italian Green Beans
- Swap Out
- Cereal Bag



12

- 
- Emoji Waffles or Fluffy Buttermilk Pancakes
  - Cheesy Omelet
  - Seasoned Potato Wedges
  - Swap Out
  - Sunbutter & Jelly Sandwich

13

- 
- Seasoned Beef Scoop-A-Bowl with Cheddar Cheese, Lettuce, Diced Tomatoes, Salsa, Tortilla Chips or
  - Seasoned Chicken and Cheese Quesadilla
  - Black Beans
  - Swap Out
  - Turkey Ham & Cheese Sandwich

14


- 
- 
- NY Style Bella's Pizza
  - Freshly Prepared Spring Mix Salad
  - Watermelon Whole Fruit Juice Cup
  - Swap Out
  - Crispy Chicken Salad

17



Presidents Day

18

- 
- Sausage, Egg, and Cheese on English Muffin or French Toast Bites with Breakfast Sausages
  - Crunchy Tater Tots
  - Swap Out
  - Yogurt and Fruit Bento Box

19

- Juicy Hamburger on a Bun OR
- Juicy Cheeseburger on a Bun or Crispy Chicken Sandwich
- Vegetarian Beans
- Swap Out
- Sunbutter & Jelly Sandwich

20

- 
- Parent Teacher Conference

21

- 
- NY Style Bella's Pizza
  - Freshly Prepared Caesar Salad
  - Swap Out
  - Chicken Caesar Salad

24

- Creamy Mac and Cheese with Pretzel Nuggets or
- Grilled Cheese Sandwich
- Broccoli Dippers
- Swap Out
- Turkey and Cheese Sandwich

25

- Bacon, Chicken & Cheese Quesadilla or Jamaican Beef Patty
- Cilantro-Lime Black Beans and Corn
- Swap Out
- Cereal Bag

26

- 
- Fluffy Buttermilk Pancakes or Golden Crisp Waffles
  - Breakfast Sausages
  - Emoji Fries
  - Swap Out
  - Sunbutter & Jelly Sandwich

27

- Spaghetti and Meatballs with Seasoned Garlic Breadstick or Chicken Parm Hero
- Broccoli Italiano
- Swap Out
- Turkey Ham & Cheese Sandwich

28

- 
- NY Style Bella's Pizza
  - Freshly Prepared Garden Salad
  - Swap Out
  - Crispy Chicken Salad

Intercambios disponibles en la Primaria Diaria: Bolsa de Cereales

\*Menu is Subject to Change



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**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005 to speak  
to one of Maschio's Registered Dietitian  
Nutritionists.

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