

Prospering Parents Program

For Parents and Their Children



This program is based on the Strengthening Families program and it helps parents and caregivers build on their strengths in showing love, setting limits, and it helps families grow together and become stronger.

Interactive Online
Parent Workshops

Record Family
Activities



\$100 Amazon gift
cards will be raffled off
for parents who attend
5 or more sessions

FREE 7 Week Online Family Program

Beginning Tuesday, April 14

3pm–4p.m.

Program Dates: TUESDAYS—04/14, 04/21, 04/28, 05/05, 05/12, 05/19, 05/26

The parent presentations will be presented through Zoom and the Family activities will be posted on our social media pages.

Registration Required—Space Limited

Please register by calling (201) 740 – 7081 or email JRamos@cafsnj.org

“I learned many parents struggle with the same things I do.”

- Parent

“I learned that kids and parents think alike when they are stressed.”

- Youth

“I learned that expressing how we feel to our children doesn’t make us look like weak parents, but it lets them realize that mom and dad have feelings too!”

- Parent

“My family and I got closer than ever!”

- Youth



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