



December 2023

Lowell Elementary
Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



- NY Style Pizza
- Freshly Prepared Cucumber and Tomato Salad
- Swap Out
- Chicken Caesar Salad

4



No School

5

- Chicken Nuggets or Breaded Mini Cheese Ravioli
- Herb Breadstick
- Maple Cinnamon Carrots
- Swap Out
- Cereal Bag

6



- Emoji Waffles with Mixed Berry Compote or French Toast Bites
- Breakfast Sausages
- Hash Browns
- Swap Out
- Sunbutter & Jelly Sandwich

7

- Jamaican Beef Patty or Black Bean & Cheese Empanada
- Sweet Plantains
- Black Beans
- Swap Out
- Turkey Ham & Cheese Sandwich

8



- NY Style Pizza
- Fresh Veggie Dippers
- Swap Out
- Crispy Chicken Salad

11



- Chicken Tenders or Mozzarella Sticks
- Soft Pretzel Stick
- Sweet Potato Fries
- Swap Out
- Bagel Bag with Yogurt and Cheese

12

- Bacon Cheddar Burger on a Bun or All Natural Beef Hot Dog on a Bun
- BBQ Baked Beans
- Swap Out
- Yogurt and Fruit Bento Box

13

- Sweet and Sour Popcorn Chicken or Popcorn Chicken
- Vegetable Fried Rice
- Sauteed Broccoli
- Swap Out
- Sunbutter & Jelly Sandwich

14



- Confetti Pancakes or Emoji Waffles
- Breakfast Sausages
- Hash Browns
- Swap Out
- Muffin & Yogurt Meal

15



- NY Style Pizza
- Maschio's House Salad
- Swap Out
- Chicken Caesar Salad

18



- Potato and Cheese Pierogies with Cheese Sauce or Grilled Cheese Sandwich
- Soft Pretzel Stick or Pretzel Bites
- Sauteed Green Beans
- Swap Out
- Bagel Bag with Yogurt and Cheese

19

- Meatball Parm Sub or Chicken Parm Hero
- Sweet Potato Waffle Fries
- Swap Out
- Cereal Bag

20



- Cheese Manicotti Marinara or Cheese Lasagna Roll-Up with Marinara Sauce
- Garlic Bread
- Broccoli Italiano
- Holiday Cookie
- Swap Out
- Sunbutter & Jelly Sandwich

21



- NY Style Pizza
- Freshly Prepared Caesar Salad
- Swap Out
- Turkey Ham & Cheese Sandwich

22



Half Day

25



Holiday Break

26



Holiday Break

27



Holiday Break

28



Holiday Break

29



Holiday Break

***Menu is Subject to Change**

Breakfast Served with Choice of: Fresh Fruit , 100% Fruit Juice , 1% White Milk , Variety of Vegetables from our Harvest Market
Fat Free Chocolate Milk , Fat Free White Milk Fat Free Chocolate Milk , Fat Free White Milk



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QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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healthy kids!

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