

**TEANECK BOARD OF EDUCATION**  
**Bryant Elementary School**

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## **Official Notice: Bryant School is a Nut-Free School**



Nut allergies have been on the rise over the recent years, especially in children. Allergic reactions to nuts can be triggered by a contaminated surface, being touched by someone who was eating nuts, or even through airborne contamination. People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction known as anaphylactic shock. Anaphylactic shock begins with symptoms of difficulty breathing, skin reactions, and dizziness.

To avoid any potential fatalities and to promote the health and safety of Bryant students, we have adopted a Nut- Free School Zone. We ask you not to send your child to school with any foods containing peanuts, tree nuts (i.e. walnuts, almonds, etc.), peanut butter, peanut oils, or any other nut products. Please read all labels carefully.

Thank you very much for your diligence and cooperation in this important matter. It is our desire to provide a safe, and healthy environment for all students at Bryant. Everyone's commitment to maintaining our school as "NUT FREE" is a community effort.

If you have any questions or concerns, please feel free to contact me by email or by phone, (201) 833-5549

Thank you,

*Kathryn Dyker*  
Kathryn King Dyker RN



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